



Plas Pencelli Outdoor Education Centre



Individual Information Form Bridlewood 28th September - 2nd October 2026

1. Participants Full Name: _____
2. Date of Birth: _____
3. Address: _____

4. Emergency contact 1 (Please provide contact name, relationship and mobile number)

5. Emergency contact 2 (Please provide contact name, relationship and mobile number)

6. Please provide contact details for your GP's surgery:

7. Please provide details of medical conditions, allergies and or disabilities e.g., asthma, heart conditions, diabetes, epilepsy, recent injuries and any medications taken.

8. Please provide details of any additional learning needs e.g. Autistic spectrum Disorder, Attention Deficit Disorder, Dyslexia.

9. Please provide details of any mental health conditions or wellbeing concerns.

10. Please provide details of any food allergies or other significant dietary necessities.

11. Is your child water confident? Are they able to swim 25m in a swimming pool?

YES / NO

12. Calpol will be available if required. Please indicate if you give permission for this to be administered to your child:

YES / NO

Please ensure that all medication is handed to Mrs Smedley prior to departure on Monday 22nd September. Medicine should be clearly labelled with your child's name and instructions for administration. If your child requires travel sickness tablets, they should be given 30 minutes before the coach leaves school and the return tablet(s) should also be clearly labelled with your child's name and instructions for administration.

Courses at Plas Pencelli may include any of the following activities: Caving, Mine Exploration, Rock Climbing, Abseiling, Canoeing, Kayaking, Hill walking & Mountaineering, Mountain Biking, Paddle Surfing, Improvised Rafting, Gorge Scrambling, Sea Level Traversing, Surfing, Ice climbing, Orienteering and other Outdoor Activities. I confirm that I understand what a course at Plas Pencelli entails and I am sufficiently fit and healthy to participate safely. I agree to emergency medical treatment if necessary. The course fee is none refundable. I have read the privacy notice available on the Plas Pencelli website at www.plaspencelli.co.uk/index.php/documents/ and understand what personal data Plas Pencelli collects, how and why it is used, who it is disclosed to and how it is protected.

Signed: (Parent/Guardian to sign if under 18)