



Bridlewood Primary School
Chartwell Road
Swindon
SN25 2EX
Tel: 01793 706830
email: admin@bridlewood.org.uk
website: www.bridlewoodprimaryschool.org.uk
Headteacher: Mrs V Sammon

A place for learning, caring, sharing and growing together.

Monday 26th April 2026

Dear Parents/Carers,

Aware+ Session from Wiltshire and Bath Air Ambulance

We are excited share with you that the Wiltshire and Bath Air Ambulance Charity has been invited into Bridlewood to deliver an Aware+ programme. As part of the PSHE curriculum, all schools should provide First Aid training to its pupils. Our visitor will deliver tailored sessions on vital lifesaving skills. The course content is matched to the age of the children and adapted for individual needs.

Sessions can include the following elements:

- Making a 999 call
- Putting someone in the recovery position
- Administering CPR
- Helping someone who is choking
- Using a defibrillator
- Treating common injuries

Each session will last between 30 and 90 minutes dependant on the age group and content to be delivered. It will be carried out during school hours on Thursday 21st May. Each child will receive a certificate to come home with.

We recognise that children may have experience of first aid situations involving the emergency services and **encourage you to let your child's teacher know** if this is the case. All topics are covered sensitively and at an age-appropriate level.

Many thanks.

Jenny Hulse

