

Bridlewood Primary School

KS1 and Early Years Child Friendly Anti-Bullying Policy

What is bullying?

When someone or a group of people are doing something on purpose lots of times, **not just once**.

Bullying is;

- Unkind words
- Unkind hands and feet



BULLYING IS NOT

Being hit or upset once from one person.

DO

- Tell a trusted adult
- Tell an **Anti-Bully Ambassador**
- Ask for help
- Tell them to stop
- Use the **Worry Box**

DO NOT

- Copy the bully
- Join in with the bully
- Keep it to yourself

Kind Words



The Head, staff and Governors will work together to...

Make our school a place where everyone feels safe and help everyone to get on with each other. We believe that everyone has the right to be who they are, respecting everyone's rights.

Reviewed by Anti-Bullying Ambassadors October 2025

The Feelings Bench

Come to us if you need help.

